



Contactología Sostenible

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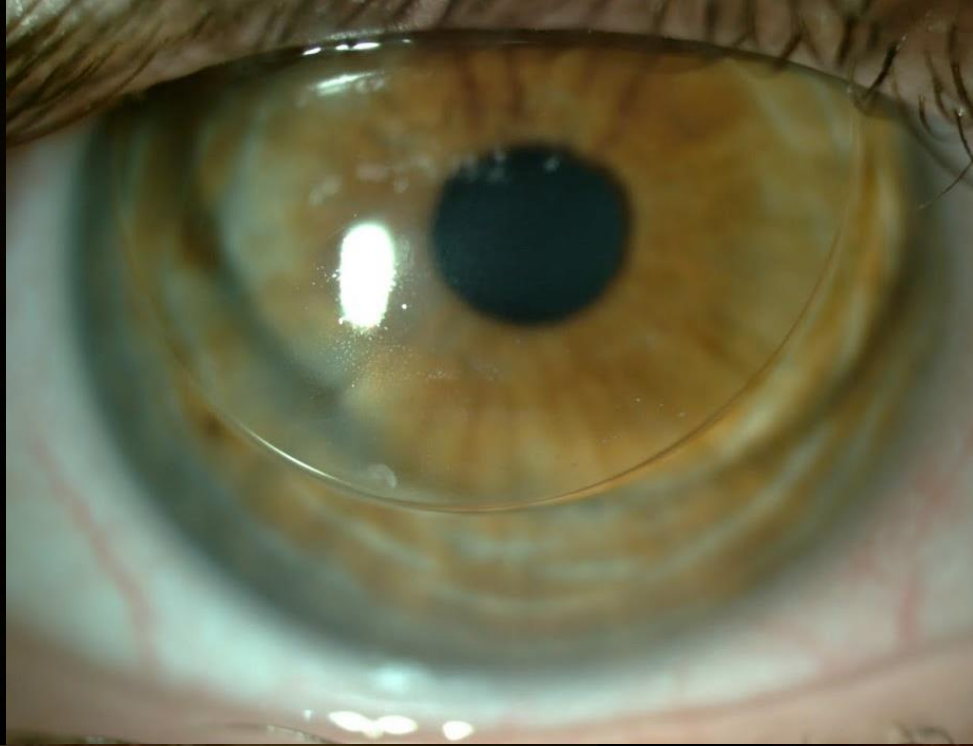
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Technical note

Environmental impact of three replacement modalities of soft contact lens wear

Sarah L. Morgan*, Philip B. Morgan, Nathan Efron

EuroLens Research, Department of Optometry and Neuroscience UMIST, Manchester M60 1QD, UK



Fig. 1. The three contact lens systems used for the calculation of product waste. Left to right: conventional system, planned replacement system and daily disposable system.

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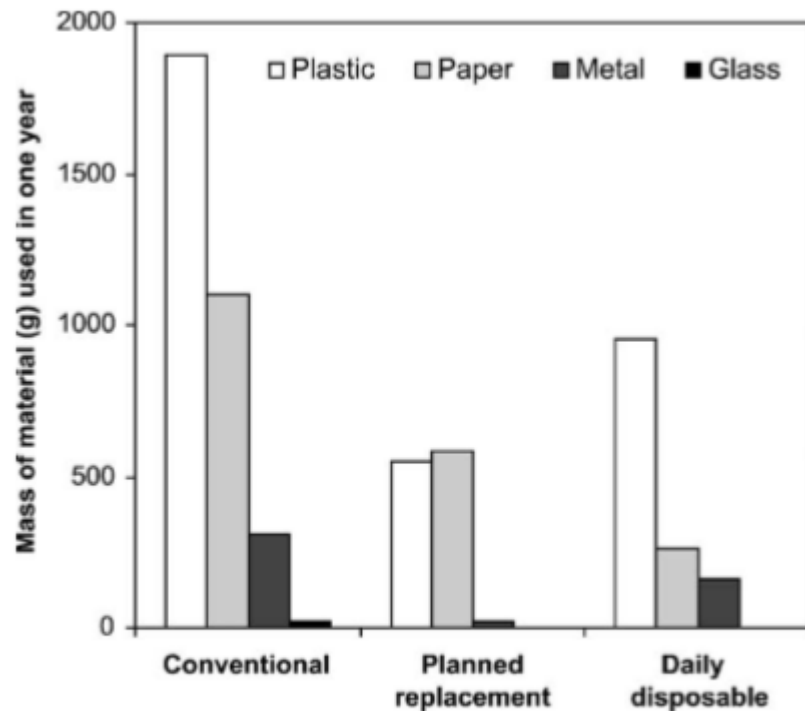
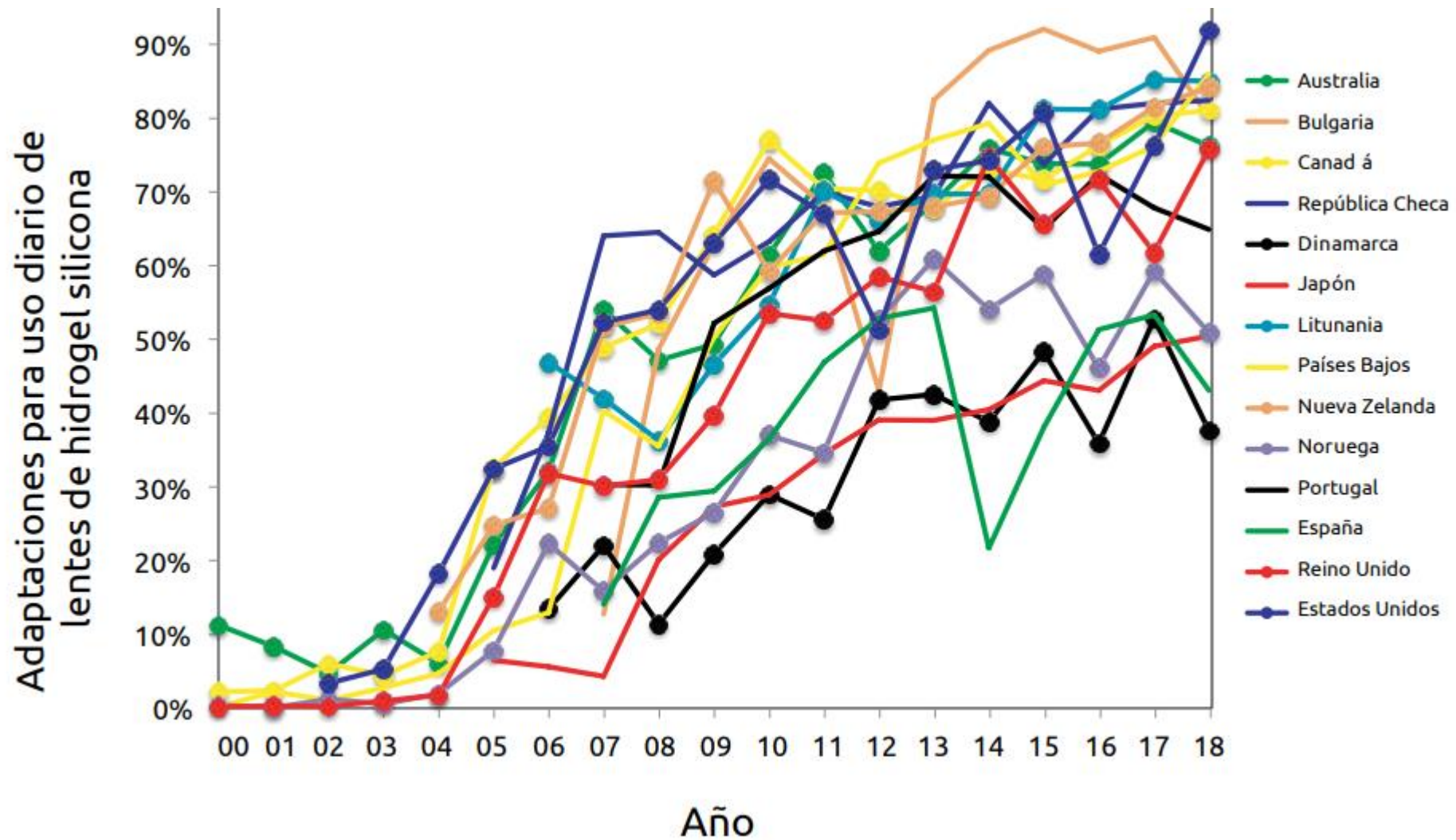


Fig. 2. Masses of the plastic, paper, metal and glass components of the three contact lens replacement modalities used over a 1 year period.

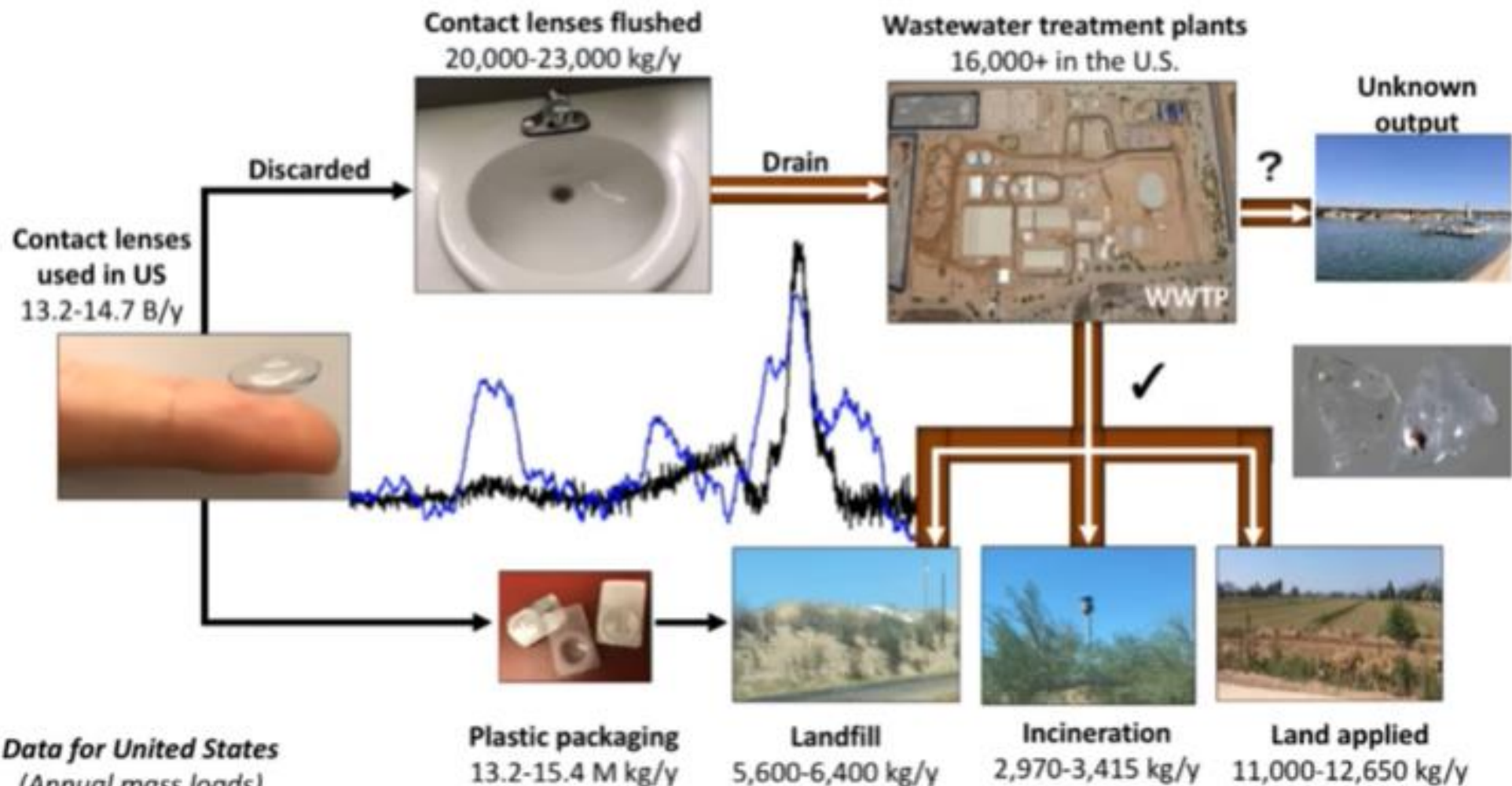


Lentes de contacto adaptadas en España en 2018: comparación con otros países

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Contact Lenses: A Previously Unrecognized Source of (Micro-) Plastic Pollution







Larva de perca que ha ingerido micropartículas de plástico, mar Báltico

Foto: Oona Lönnstedt



¿Cómo desechas tus lentes de contacto?

https://www.youtube.com/watch?v=XM6qQ_c_W1g

COMO RECICLAR LAS LENTES DE CONTACTO

- La lente de contacto usada debe desecharse en el contenedor de 'resto de residuos':
- El blister de plástico y la tapa de aluminio en el contenedor amarillo:



- La caja de cartón en el contendor azul de papel/cartón:





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